



T2. HIKE Transition



T2. HIKE Transition at Meenaweel Chapel - 2km
ONE WAY SYSTEM IN/OUT OF RACKING AREA
 -Dismount Bike at Point A & proceed on foot with your Bike
 -Rack your Bike on Racks
 -Proceed to entry point for HIKE
 -After Hike follow One Way Sysyem out of Racking Area
 -Remount your Bike at Point B



BIKE Transition back to HQ via Loughanure & Annagry - 12.5km

